

## **Oxford Swans Swimming Club**

Registered Charity No 1052858

### **Member Health Form**

Please complete and bring this with you to your first session

Swimmer's first name		Title Mr/Miss/Mrs etc
Swimmer's last name		Date of Birth
Swimmer's address and postcode		
Email addresses	Primary	Alternative (optional)
Contact numbers	Primary	Alternative (optional)
		ent of an emergency:
Their full name		
Their relationship to you	, L	
Their contact numbers	Primary	Alternative (optional)

#### **HEALTH DETAILS**

## Swimmer / Helper / Family Members' Health

We need to know that it is safe for you to swim with Swans and for you to take part in other activities that the club may organise from time-to-time. You have been asked on the main membership form to certify (confirm) that you are safe to go into the water and take part in other activities which we may organise.

For this reason, it is very important that you give us as much information as you can about your health, as this will help us to meet your needs as best we can and to keep you as safe as possible. If you are applying for family membership please give name, date of birth and health **information for all helpers and family members who will be going in the water with you.** 



# **Swimmer / Helper / Family Members' Health** (please complete for each family member)

	Swimmer / Helper		1. Family member		2. Family member		3. Family member		4. Family member		5. Family member	
Name												
Date of Birth											<u> </u>	
Do you have any of the following? Please tick	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No	Yes	No
Communication difficulties												
Visual difficulties												
Learning difficulties												
Hearing difficulties												
Fits /epilepsy												
Autism												
ADHD												
Heart condition					1							
High/low blood pressure			1			1						
Asthma												
Breathing difficulties												
Nerve or joint problems												
Balance movement difficulties												
Skin problems												
Brittle bones												
Diabetes												
Haemophilia												
Continence problems												
Are you a wheelchair user?												
Do you use a walking aid?			1									
Do you have a clinical diagnosis? Please tell us here:				1		<u> </u>		1		1		
Do you take any medication? Please tell us here:												
Please provide details of any challenging behaviour												
Any Additional Comments:												